



AMERICAN SOCIETY OF  
**SAFETY PROFESSIONALS**

Southern Oregon Chapter

*Next Meeting—  
November 6th, 11:30 am  
at Black Bear Diner*

### Inside this issue:

**2**

President's Message

**3**

Conference Recap

**4-6**

Active Shooters! If I Don't  
Believe in Them, Will They Go  
Away?

**7**

Run. Hide. Fight.  
Training Video for Surviving an  
Active Shooter Event

**8**

Free Trainings!

**9**

Employment Opportunities

**10**

Executive Committee

## November Chapter Meeting

**Date/Time:** Tuesday, November 6th, 2018

**Executive Committee:** 10:00 am

**Regular Meeting:** 11:30 am – 1:00 pm

Program begins at noon.

**Location:** Black Bear, 1150 E. Barnett Rd., Medford

**Topic:** **Distracted and Fatigued Driving**

**Speaker:** Patti McGuire

### Description:

Motor vehicle accidents are the leading cause of death in the workplace in Oregon. This presentation will provide information on the leading causes of distraction and fatigue while driving, and practical strategies to influence change in driving behaviors.

### Bio:

Patti McGuire is a Senior Safety Management Consultant for SAIF Corporation. She has been with SAIF since November of 2013 and works with employers in Jackson, Klamath, and Lake Counties to improve their safety and health programs and reduce injuries. Previously, she was the Manager of Occupational Health and Safety for Harry & David, overseeing safety and health programs for multiple facilities and 50+ retail stores nationwide. She also spent five years working in human resources in wood products manufacturing and fifteen years in retail in district and store level operations. Patti is an Oregon native and has an AS degree in Business Administration—Accounting; however, she was drawn to the field of human resources and safety early in her career after a workplace fatality affected her family and her employer.



### President's Message

By Michael Hill

On behalf of the ASSP Southern Oregon Chapter Award Selection Committee, I would like to congratulate the following businesses and organizations for winning the Safety Committee Recognition Award in honor of Frank J. Bertak! Your committees' efforts have made a difference in the safety and health of your workforce, and we are excited to award you with this special recognition.

I would like to thank this year's Award Selection Committee which consisted of Mark Hurliman, Tanya Haakinson, David Hanson, Dennis Jordan, Liliana Candelario, Amy Stonehill, and Cynthia Holm.

Continued on Page 2.

# Congratulations

## Safety Award Winners!

By Michael Hill

Continued from Page 1.

The following organizations received this prestigious award at Ashland Hills Hotel and Suites on October 18<sup>th</sup> at the award ceremony.

### 2018 Winners of the Safety Committee Recognition Award in Honor of Frank J. Bertak

- Boise Cascade – Rogue Valley Plywood
- Boise Cascade – White City Engineered Wood Products
- Boise Cascade – White City Veneer
- City of Central Point
- City of Medford – Citywide
- City of Medford – Parks and Recreation and Facilities
- City of Medford – Public Works
- City of Medford – Water Reclamation Division
- Duro-Last Roofing
- Eaton Hydraulics
- ECS Case
- Harbor Wholesale Foods
- Jackson County Roads and Parks
- Rogue Community College
- Swanson Group – Administration
- Swanson Group – Glendale Sawmill
- Swanson Group – Glendale Veneer
- Swanson Group – Roseburg Studmill
- Swanson Group – Springfield Plywood
- Sweed Machinery
- Timber Products – Grants Pass Plywood
- Timber Products – Medford Hardwood
- Timber Products – Particleboard
- Timber Products – Spectrum Division



### Other prestigious awards included:

- **Best of the Best Safety Committee**—Boise Cascade – White City Veneer
- Honorable Distinction—ECS Case – Grants Pass

### Outstanding Safety and Health Program Award in Honor of Randall M. Lundberg—

- **Small Employer:** Timber Products Co. Spectrum Division
- **Medium Employer:** Boise Cascade – White City Engineered Wood Products
- **Large Employer:** ECS Case – Grants Pass

### Business Leader Who Gets It—John Wasniewski – Timber Products Company

- Honorable Distinction—Tim Hart – Duro-Last Roofing Inc.

### Safety Professional of the Year (SPY) Award—Grover Kuhs – ECS Case – EHS Manager

*Congratulations to all award winners. Your efforts make a difference!*

# Conference Recap

By David Hanson



Another Southern Oregon Occupational Safety and Health Conference is under our belt. The members of our conference planning committee and our Oregon OSHA partners performed so well in helping the conference to be a success. With over 375 attendees at our conference this year, it brings our conference attendance to the highest numbers we've had in over a decade.

Our PDC and keynote, Bob Edwards, challenged the way that we think about our work systems. Bob showed us how to look at our successes and failures in a different way. We plan on making the materials from his presentations available on our website at [Southern Oregon ASSP](http://Southern Oregon ASSP).

The award highlights:

- Business Leader who Gets it: John Wasniewski, Timber Products Company
- Chapter SPY award: Grover Kuhs, ECS Case
- Bertak Honorable Distinction: ECS Case
- Best of the Best: Boise Cascade White City Veneer
- Business Leader Honorable Mention: Tim Hart, Duro-last Roofing
- Lundberg Awards: Timber Products Spectrum Division, Boise Cascade EWP, ECS Case

## Active Shooter Technical Report **In Development!**

By Susan Murphey

ASSP takes an active role in the development of standards to help employers and employees reduce and prevent exposure to risks and hazards. With the goal of preventing illnesses, injuries, and death, ASSP contributes to the knowledge base of its members by providing education, advocacy, and standards.

Workplace safety standards can take years to develop. When a critical safety issue needs to be addressed in a more timely manner, technical reports are used to provide guidance on important safety matters. A technical report can also be used as an introductory step in the development of a more detailed safety standard.

In light of increasing gun violence in the workplace, ASSP hosted a meeting earlier this year of law enforcement, industrial safety, and corporate safety compliance experts for the purpose of drafting an ASSP Active Shooter Technical Report. The final report should be completed by year end and distributed nationally once registered with the American National Standards Institute (ANSI). Watch [www.assp.org](http://www.assp.org) for updates.





# Active Shooters! If I Don't Believe in Them, Will They Go Away?

By Jeff Geddings, HR at Boise Cascade

Dan started the morning meeting in the usual way, with one of his famous puns, "How do you throw a space party? You planet!" he laughed. A smattering of chuckles and groans erupted from the half-dozen people seated around the conference room table. That's when they heard the first shot. BANG!

Everyone at the table froze. Some looked at each other to confirm they heard the noise as well, but no one moved. Dan, who was still standing at the front of the table near the open door, asked, "Was that fireworks?" No one replied and no one moved; they just sat in silent disbelief. BANG! BANG! Two more shots rang out. Now people could be seen running down the hallway, past the open conference room door. Dan stepped into the hallway to investigate and disappeared. Dan never came back.

People started screaming, some could be heard crying. BANG! This shot was much louder and much closer to the conference room. BANG! Glass shattered nearby. BANG! BANG! The fire alarm erupted in an ear-piercing wail.

People seated at the table finally took action...

Continued on Page 5.

## ASSP Foundation Scholarships and Grants

By Susan Murphey

The ASSP Foundation provides scholarships and professional education grants to students and Occupational Safety and Health Professionals. Scholarships are available to students pursuing a degree in occupational safety, health, and the environment. For safety professionals, education grants support costs such as certification programs and exams, college coursework, and conference or workshop attendance. Awards range from \$500-\$15,000 for scholarships and \$500-\$2,500 for grants, thanks to generous donations to the ASSP Foundation.

*Applications for scholarships/grants are due December 1, 2018.* For more information or to apply, visit [www.assp.org/foundation](http://www.assp.org/foundation).



## Taking An Active Role In Your Safety

By Susan Murphey

The best way to make sure you stay safe in an active shooter event is to prepare ahead of time. FEMA has put together a nice overview of what to do before, during, and after a shooting event. You can print and post this two-page summary to share at your workplace or share at home with your loved ones. Knowing what to do and practicing ahead of time prepares you to properly respond.

Free downloadable resource at [https://www.fema.gov/media-library-data/1472672897352-d28bb197db5389e4ddedcef335d3d867/FEMA\\_ActiveShooter\\_OnePagerv1d15\\_508\\_FINAL.pdf](https://www.fema.gov/media-library-data/1472672897352-d28bb197db5389e4ddedcef335d3d867/FEMA_ActiveShooter_OnePagerv1d15_508_FINAL.pdf).



# Active Shooters! If I Don't Believe in Them, **Will They Go Away?**

By Jeff Geddings, HR at Boise Cascade

Continued from Page 4.

...but it was disorganized. Some slid under the table to hide, some tried to run out of the room, while others were trying to close the door. BANG! More screams, and more glass breaking. The shooter was right outside the room. . . . There was no place to go, and no place to hide.

This fictitious story was used to illustrate a significant problem that organizations experience when creating response plans for an active shooter (an individual actively engaged in killing or attempting to kill people in a confined and populated area).

The problem is "**disbelief**" (defined as an inability or a refusal to believe something is real).

**Disbelief** plays a major role in inhibiting organizations and their employees from effectively preventing and responding to active shooters.

When I first started teaching about active shooters in the 1990s, I spent most of my time trying to convince organizations that they are real, they will continue, and the damage they do will get worse. At that time, **disbelief** prevented organizations from hearing that message, and, in rebuttal, I heard, "That will never happen here." When I hear statement, my response is always, "You're probably right." But I am also quick to point out that the teachers and students in Columbine High School, Virginia Tech, and Sandy Hook Elementary probably thought it would never happen to them; the movie-goers at the *Batman Returns* movie in Colorado, the patrons at the Pulse nightclub in Orlando, the attendees at a country music festival in Las Vegas, and the people attending church in Sutherland Springs, Texas probably thought it would never happen to them . . . but it did.

My advice is not to let **disbelief** prevent you from taking action. Don't let yourself think that it will never happen to you. Instead, think, "It could happen." With that mindset, take the time to evaluate your organization, look for opportunities to tighten security, update your emergency action plan, train your employees, and empower them to report their observations.

In this scenario, **disbelief** prevented employees from taking immediate action. Don't let disbelief paralyze you because...

Continued on Page 6.



# Active Shooters! If I Don't Believe in Them, **Will They Go Away?**

By Jeff Geddings, HR at Boise Cascade

Continued from Page 5.

...time matters, and your immediate response may make the difference between life and death. Don't assume the shots you heard were fireworks; they are almost never fireworks! Whether you are at work, at the mall with family, or at an event out of town, your response should be immediate.

I believe in the mantra "Run. Hide. Fight." when responding to active shooter situations. There are other systems available, but I think this is the easiest for people to remember and understand.

**Run:** If you think you can get away, run! Run from the area, or run to an area that can be secured.

- Remember, this is not a fire drill.

- Move away using cover or concealment.

- Run at an angle away from the scene.

- Be sure to call 9-1-1 when it's safe, and give your observations to the police.

**Hide:** If the shooter is near and you don't think you can run away, the next best option is to hide.

- Find cover or concealment and hide.

- Lock and/or barricade doors.

- Silence your cell phones.

- Turn off the lights.

- Do not open the door until police arrive.

**Fight:** If the shooter is upon you and you have no other choice available, fight!

- Mentally prepare.

- Expect to get hurt.

- Fight 100%.

- Attack vital areas.

- Keep it simple.

- Once the attacker is subdued, run!

- Remember, there is no second place. You must win the fight!

Lastly, in many cases, the shooter stated his/her intent prior to the attack but **disbelief** prevented people from taking those threats seriously. All too often, after an attack occurs, people say they knew the shooter would do something like this. . . . It is seldom a complete surprise.

Make sure your employees (and your family) know that they must take all threats seriously. It doesn't matter if they hear the threat through direct conversations or phone messages, or through emails or social media. Remind them, "If you see (or hear) something, say something!" Report all threats to a supervisor or law enforcement. If you are unsure, report it!

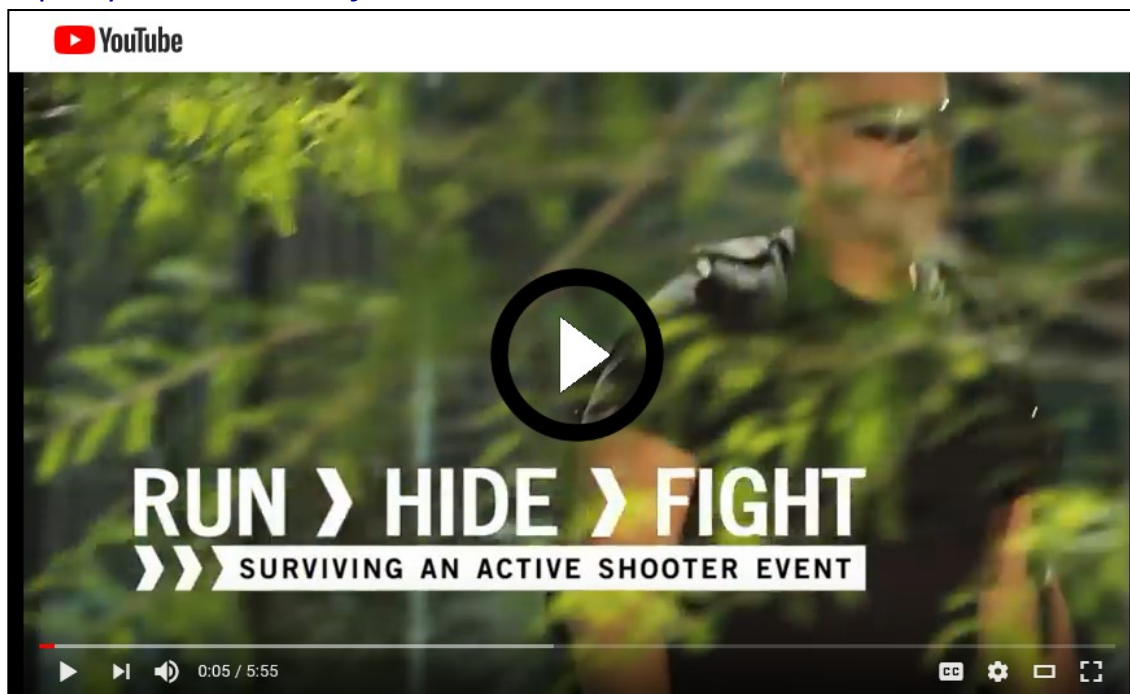
Planning and preparing for an attack like this is no easy feat. You may be dissuaded because the task is so daunting, but that dilemma reminds me of an old Chinese proverb, "The best time to plant a tree was 20 years ago. The second-best time is now!" Take steps now, even if they are small, toward making your organization safer. Then build on those successes. Don't let disbelief stop you from action!

# Run. Hide. Fight. Training Video for **Surviving an Active Shooter Event**

From [www.ready.gov](http://www.ready.gov)

The Run. Hide. Fight. video has become the standard video nationwide on this subject and provides a valuable resource for knowing what to do in an active shooting event.

<https://youtu.be/5VcSwejU2D0>



## New Standard for **Active Shooter & Hostile Events**

Source: [www.assp.org](http://www.assp.org)

The National Fire Protection Association (NFPA) has introduced NFPA 3000, Standard for Preparedness and Response to Active Shooter and/or Hostile Events. The Standard, developed by first responders and technical experts, defines elements for creating and managing a program to reduce risk and impact when responding to an active shooter.

The unified response approach outlines the role of first responders, facility managers, hospital officials, and community members before, during, and after hostile events. The Standard also provides information on response and recovery for citizens and their leaders, non-governmental organizations, schools, and healthcare workers. For more information, visit <http://bit.ly/2Ce5AGd>.

## Active Shooter **Pocket Card!**

By Susan Murphey

It doesn't get any easier than this! Download, print, and distribute this handy guide for recognizing and responding to the risk of an active shooter.

The Department of Homeland Security has put together a pocket card, available as a free download at [https://www.dhs.gov/sites/default/files/publications/active\\_shooter\\_pocket\\_card\\_508.pdf](https://www.dhs.gov/sites/default/files/publications/active_shooter_pocket_card_508.pdf).



# OSHA 10 General Industry Class—

## Sign Up Today!

By David Hanson

[Register Now](#)

The Southern Oregon ASSP Chapter is hosting a General Industry OSHA 10 class on November 2<sup>nd</sup> and 9<sup>th</sup>. This is a great opportunity for our region and is very price competitive with other OSHA 10 classes offered. Safety folks who could not afford the cost and time of the OSHA 30 will find this class easier to attend.

Class size is limited to 40 students. To register, go to <https://safetyseries.cvent.com/osh10southern>.

A special thanks to Rogue Disposal and Mike Messenger for providing the classroom location. Also, thank you to our instructor Cynthia Holm.

**Disclaimer:** The content and views included in this newsletter are for educational purposes only. The Southern Oregon Chapter of ASSP and its Executive Committee and affiliated organizations disclaim any and all liability for claims that may arise out of the use of this educational content.

## Free Trainings Available!



Course	Location	Date
<a href="#">Hazard Communication Program - Aligned With GHS</a>	Medford	10/25/2018
<a href="#">Worker Protection Standard - Pesticide Emphasis</a>	Medford	10/25/2018
<a href="#">Accident Investigation</a>	Roseburg	02/21/2019

### Online Courses

<a href="#">Hazard Identification and Control - Online</a>	Online/Internet
<a href="#">Inspections: What to Expect from Oregon OSHA - Online</a>	Online/Internet
<a href="#">Job Hazard Analysis (JHA) - Online</a>	Online/Internet
<a href="#">Lead in Construction - Online</a>	Online/Internet
<a href="#">Lockout/Tagout - Online</a>	Online/Internet
<a href="#">Personal Protective Equipment - Online</a>	Online/Internet
<a href="#">Portable Ladder Safety - Online</a>	Online/Internet

**[www.orosha.org](http://www.orosha.org)**  
click on  
"Education"

#### Mail:

Oregon OSHA Public Education  
P.O. Box 14480  
Salem, OR 97309-0405  
**Fax:** 503-947-7462

#### Call:

Salem office  
503-947-7443  
or toll-free in Oregon  
888-292-5247, option 2



# Training Opportunities



<http://www.d2000safety.com/>

## **Fall Protection Competent Person**

Eugene, Oregon—October 30-31, 2018

## **Forklift Safety Train the Trainer**

Medford, Oregon—May 14, 2019

## **Confined Space Train The Trainer**

Eugene, Oregon—November 13-14, 2018



## Employment Opportunities

### **HR/Safety Manager—Playcore—Grants Pass, OR**

Summary of essential job functions:

- Develop and implement HR strategies and initiatives aligned with the overall business strategy.
- Communicate with the organization for safety procedures undertaken.
- Report any safety-related incidents to OSHA, Workers' Comp, corporate leaders.
- Provide guidance and support coordination regarding various safety issues.
- Organize trainings for the employees regarding environmental management and safety issues.
- Provide information on environmental relevance by preparing charts, graphs, and presentations.
- Maintain and revise the company's handbook of policies and procedures.

<https://www.paycomonline.net/v4/ats/web.php/jobs/ViewJobDetails?job=49440&clientkey=AE16BCA22948917362F48ACE1482AD33>

### **Safety and Human Resource Coordinator—Murphy—Gold Hill, OR**

The purpose of the Safety and Human Resource Coordinator is to support the Human Resource Department in our southern locations. This position will assist in all HR and Safety functions. Murphy Company takes safety seriously, and we require all of our employees to use the standard industry practices to keep everyone safe on the job. Trust and confidence is of the utmost importance in this key position.

<https://secure4.entertimeonline.com/ta/6008572.jobs?ShowJob=201589635>

### **Process Safety Management—Carestream—White City, OR**

An opening exists for a Process Safety Management Engineer within Carestream Health's Process Engineering Team, White City, Oregon. The person in this position will be responsible for the planning, implementation, and oversight of the regulatory-based Process Safety Management (PSM) Program and Risk Management Plan (RMP) for the factory. The individual will drive process improvements to key program elements such as PHA, mechanical integrity, and process safety information. The candidate will be expected to provide a strategic direction, leadership, and training in building the PSM capabilities of all plant personnel.

<https://www.indeed.com/viewjob?jk=98f5c86825a804bf&tk>

For More Employment Opportunities, Please See Our Employment Page at: <http://soassp.org/employment>.

**Monthly Newsletter** of the **Southern Oregon Chapter** of the **American Society of Safety Professionals**

# Mark Your Calendars

## General meeting:

Thursday, November 1st, 2018 12:00 noon - 1:00 pm

No-host lunch

\*\*\*NEW LOCATION\*\*\*

**Climate City Brewing**

509 SW G Street in Grants Pass

(Just off NW 6th & Hwy 99)

## This month's topic:

## Workplace Violence

Ken Frownfelter, Crime Prevention Officer,  
City of Grants Pass Department of Public Safety

## The RSA — Providing Quality Safety Training for the Price of Lunch!

PLEASE JOIN US!!

Membership **not** required.



Check out our website at:

[www.redwoodsafety.org](http://www.redwoodsafety.org).



## Executive Committee 2018-2019

**President:** Michael Hill, SAIF Corporation—[michil@saif.com](mailto:michil@saif.com)

**Vice President:** David Hanson, SAIF Corporation—[davhan@saif.com](mailto:davhan@saif.com)

**Past President:** Pam Ahr, SAIF Corporation—[pamahr@saif.com](mailto:pamahr@saif.com)

**Secretary:** Roy Harper, Medford School District—[roy.harper@medford.k12.or.us](mailto:roy.harper@medford.k12.or.us)

**Treasurer:** Patti McGuire, SAIF Corporation—[patmcg@saif.com](mailto:patmcg@saif.com)

**Conference Chairs:** David Hanson, SAIF Corporation—[davhan@saif.com](mailto:davhan@saif.com)

Chris Lawrence, Boise Cascade—[chrislawrence@BoiseBuilding.com](mailto:chrislawrence@BoiseBuilding.com)

**Membership Coordinator:** Amy Stonehill, Independent Safety Professional—[amystonehill@yahoo.com](mailto:amystonehill@yahoo.com)

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**Communications Coordinator:** Susan Murphey, Essential WorkWellness—

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**Operations Coordinator:** Pam Thoren, Medford School District—[pam.thoren@medford.k12.or.us](mailto:pam.thoren@medford.k12.or.us)



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